

Biltmore Hills Community Center

2015 Summer

ADULT

Starlight Plus Men's Basketball League

Age: 23yrs. and up. This competitive adult basketball league is for men ages 23 and older. Games will be played at night, 9:00pm-12:00am. Jerseys are not provided. Team registration will be held May 1-18. Course Fee: \$30 per player \$300 per team.

173649	Jun 15-Aug 5	9:00 PM-12:00 AM
173650	Jun 15-Aug 5	9:00 PM-12:00 AM

Starlight Women's Basketball League

Age: 16yrs. and up. This basketball league is designed for women who would like to play competitive basketball. Team registration will be held May 1-18. Course Fee: \$30 per player \$300 per team.

173655	Jun 15-Aug 5	6:00 PM-9:00 PM
173656	Jun 15-Aug 5	6:00 PM-9:00 PM

Exercise - Fitness Centers

Age: 18yrs. and up. Check out the fitness rooms around the city! Take advantage of a variety of cardiovascular and strength-training equipment and get into shape. Fitness rooms will be open during normal center operating hours. Participants must be 18 or older. Please see staff for additional information. Course Fee: \$10

172899	May	Community Center Hours
172900	June	Community Center Hours
172902	July	Community Center Hours
172904	August	Community Center Hours

TEEN

Biltmore Hills 15 & Under Boys Basketball

Age: Up to 15 yrs. This is a competitive league for upcoming 8th, 9th and 10th graders. Team registration will be August 10-23. Course Fee: \$30 per player \$300 per team.

173663	Sep 7-Oct 28	6:00 PM-8:00 PM
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Biltmore Hills 18 & Under Basketball Age: 16-18 yrs.

This league is for 11th and 12th graders who would like to sharpen their skills for the upcoming basketball season. Team registration will be August 10-23. Course Fee: \$30 per player \$300 per team.

173664	Sep 7-Oct 28	8:00 PM-9:00 PM
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Starlight Men's Basketball League

Age: 17-23 yrs. Starlight is an alternative activity for young adults during the summer. This competitive basketball league is open for team registration May 1-18 Course Fee: \$30 per player \$300 per team.

173643	Jun 15-Aug 5	9:00 PM-12:00 AM
173644	Jun 15-Aug 5	9:00 PM-12:00 AM



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YOUTH

Biltmore Hills Football Fundamentals and Conditioning

Age: 6-13 yrs. This program will help players with football fundamentals and conditioning for the upcoming football season. Course Fee: \$15

173642	Jul 20-23	M-Th	6:15 PM-7:15 PM
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FAMILY

Tae Kwon Do - Beginners

Age: 5yrs. and up. The art of self-defense, confidence, self-esteem, discipline, respect and self-control are taught through practice drills, classroom instruction and tournaments. This is an ongoing class that promotes belt promotions. Wear comfortable clothes.

173954	Jun 1-29	M, W	6:00 PM-7:00 PM
173955	Jul 1-29	W, M	6:00 PM-7:00 PM
173956	Aug 3-31	M, W	6:00 PM-7:00 PM

Princess and Father Dance

Age: All Ages Come out for a magical evening fit for a princess. Course Fee: \$20 per couple, \$5 per additional Princess

173661	Aug 8	Sa	4:00 PM-7:00 PM
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