

BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 3

WEEK OF October 24th – October 28th



Monday, October 24th:

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ TOX Rules	Playground (Weather Permitting)	Flinch/ Stone Face	Lunch/ Down Time	Computers	Art Project: Straw Eiffel Tower	Dragon Ball	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ TOX Rules	Playground (Weather Permitting)	Stone Face/ Flinch	Lunch/ Down Time	Art Project: Straw Eiffel Tower	Computers	Dragon Ball	Snack/ Terminal Station	Merge with ASX

Tuesday, October 25th: Please wear field trip shirt and comfortable shoes.

	7:00-9:00	9:00-10:00	10:00-10:45	10:45-11:30	11:30-12:30	12:30-3:00		3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Outburst Challenge	Art Project: Dutch Windmill	Computers	Lunch/ Down Time	P/U 12:30 PM Pullen Park 1:00pm-2:30pm Return to Site: 3:00 PM		Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Outburst Challenge	Computers	Art Project: Dutch Windmill	Lunch/ Down Time			Snack/ Terminal Station	Merge with ASX

Wednesday, October 26th:

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Charades	Playground (Weather Permitting)	Food Experience: French Bread	Lunch/ Down Time	Fire and Ice Experiment	Human Battleship	Mafia	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Charades	Playground (Weather Permitting)	Food Experience: French Bread	Lunch/ Down Time	Human Battleship	Fire and Ice Experiment	Mafia	Snack/ Terminal Station	Merge with ASX

Thursday, October 27th: Please bring swimsuit and towel. Field trip shirt optional.

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:55	1:55-4:50	4:50-6:30
Group 1	Merge with BSX	Snack/ Melt	Playground (Weather Permitting)	Protect the President/ Eyewitness	Lunch/ Down Time	Dutch Folk Dance	P/U 1:55 PM Buffaloe Road Aquatic Center 2:25pm-4:10pm Return to Site: 4:50 PM	Merge with ASX
Group 2	Merge with BSX	Snack/ Melt	Playground (Weather Permitting)	Eyewitness/ Protect the President	Lunch/ Down Time	Dutch Folk Dance		Merge with ASX

Friday, October 28th:

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Find the Thimble	Playground (Weather Permitting)	French Etiquette	Lunch/ Down Time	Disney Scene It/ Magic Carpet	Art Project: Hot Air Balloon	French Supermarket	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Find the Thimble	Playground (Weather Permitting)	French Etiquette	Lunch/ Down Time	Magic Carpet/ Disney Scene It	French Supermarket	Art Project: Hot Air Balloon	Snack/ Terminal Station	Merge with ASX

ARTS/CRAFTS
 FOOD EXPERIENCE
 DANCE / DRAMA / MOVEMENT
 FIELD TRIP
 CLINIC
 SCIENCE / NATURE

BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 3

WEEK OF October 31st – November 4th



Monday, October 31st:

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge With BSX	Snack/ Club Game	Playground (Weather Permitting)	Shelf Ball/ Rhyme or Relate	Lunch/ Down Time	Guard the Castle/Name 6	Art Project: Laurel Wreaths	Ancient Greek Olympic Games	Snack/ Terminal Station	Merge with ASX
Group 2	Merge With BSX	Snack/ Club Game	Playground (Weather Permitting)	Rhyme or Relate/ Shelf Ball	Lunch/ Down Time	Name 6/ Guard the Castle	Ancient Greek Olympic Games	Art Project: Laurel Wreaths	Snack/ Terminal Station	Merge With ASX

Tuesday, November 1st: Please wear field trip shirt and socks. Please Sign Waiver

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-2:30		2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge With BSX	Snack/ Gladiator	Imagination Station	Lunch/ Down Time	P/U 12:00 PM Pump It Up 12:30pm-2:00pm Return to Site: 2:30PM		Field (Choice Play)	Snack/ Terminal Station	Merge with ASX
Group 2	Merge With BSX	Snack/ Gladiator	Imagination Station	Lunch/ Down Time			Field (Choice Play)	Snack/ Terminal Station	Merge with ASX

Wednesday, November 2nd:

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX/Snack	Snack/ Four Corners	Playground (Weather Permitting)	Science: Homemade Constellation	Lunch/ Down Time	Battalion/ Ghost in the graveyard	Field (Choice Play)	Satellite	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX/Snack	Snack/ Four Corners	Playground (Weather Permitting)	Science: Homemade Constellation	Lunch/ Down Time	Ghost in the Graveyard/ Battalion	Field (Choice Play)	Satellite	Snack/ Terminal Station	Merge with ASX

Thursday, November 3rd: Please wear field trip shirt! Please dress in comfortable clothes as this is a very active trip. Each child will get a pumpkin to bring home!

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:15	12:15 - 4:45		4:45-6:30
Group 1	Merge with BSX	Snack/ Alphabet Game	Imagination Stations	This or That/ Lunch	P/U 12:15 PM Hillridge Farms 1:00pm-4:00pm Return to Site: 4:45 PM		Merge with ASX
Group 2	Merge with BSX	Snack/ Alphabet Game	Imagination Stations	This or That/ Lunch			Merge with ASX

Friday, November 4th:

	7:00-9:30	9:30-10:30	10:30-11:30	11:30-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Electricity	Playground (Weather Permitting)	Limbo	Lunch/ Down Time	Art Project: Greek Vase	Computers	Fox and Squirrels	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Electricity	Playground (Weather Permitting)	Limbo	Lunch/ Down Time	Computers	Art Project: Greek Vase	Fox and Squirrels	Snack/ Terminal Station	Merge with ASX

ARTS/CRAFTS
 FOOD EXPERIENCE
 DANCE / DRAMA / MOVEMENT
 FIELD TRIP
 CLINIC
 SCIENCE / NATURE

BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 3

WEEK OF November 7th – November 11th



Monday, November 7th:

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Barnyard	Playground (Weather Permitting)	Kid's Jeopardy	Lunch/ Down Time	Art Project: Viking Shield	Jedi Dodgeball	Color Races	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Barnyard	Playground (Weather permitting)	Kid's Jeopardy	Lunch/ Down Time	Jedi Dodgeball	Art Project: Viking Shield	Color Races	Snack/ Terminal Station	Merge with ASX

Tuesday, November 8th: Please wear Field trip shirt! We will not be going to the gift shop; therefore no extra money is needed.

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-4:00				4:00-6:30
Group 1	Merge with BSX	Snack/ Bowling Pin	Playground (Weather Permitting)	Scooter Hockey/ Pile Up	Lunch/ Down Time	P/U 1:00 PM NC Museum of Natural Science 1:30pm-3:30pm Return to Site: 4:00 PM				Merge with ASX
Group 2	Merge with BSX	Snack/ Bowling Pin	Playground (Weather Permitting)	Pile Up/ Scooter Hockey	Lunch/ Down Time					Merge with ASX

Wednesday, November 9th: Children have the opportunity to dress in costume this day and participate in fun fall activities. Please inform staff of any food allergies.

	7:00-9:00	9:00-12:00			12:00-1:00	1:00-3:00				3:00-3:45
Group 1	Merge with BSX	Fall Carnival Fashion Show			Lunch/ Down Time	Fall Carnival (Games, Sweet treats, and more) <i>*children may dress in costumes if they wish, but costumes are not required*</i>				Merge with ASX
Group 2	Merge with BSX				Lunch/ Down Time					Merge with ASX

Thursday, November 10th: Please bring swimsuit and towel. Field trip shirt optional.

	7:00-9:30	9:30-12:00			12:00-1:00	1:00-2:00	2:00-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX/Snack	P/U 9:30 AM Sky Zone (Raleigh) 10:00am-11:30am Return to Site 12:00 PM			Lunch/ Down Time	Field (Choice Play)	Imagination Station	Gladiator	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX/Snack				Lunch/ Down Time	Field (Choice Play)	Gladiator	Imagination Station	Snack/ Terminal Station	Merge with ASX

Friday, November 11th: Happy Veterans Day

City Holiday

Track Out Program Closed

Brier Creek Track Out

Track 3 - Week 1



Field Trip Information!

Pullen Park

520 Ashe Avenue, Raleigh, NC 27606

919-996-6468

At Pullen Park, participants will ride the Carousel and Train and have unlimited access to the playground.

Buffaloe Road Aquatic Center

5908 Buffaloe Road, Raleigh, NC 27616

919-996-5600

Participants will get to experience a water slide, lazy river, water vortex, play areas and more at one of Raleigh's most unique Aquatics facility! Please pack a bathing suit and towel. Children are permitted to wear flip-flops to and from the pool ONLY. A swimming test will be administered for EVERY participant. If a child does not take the swim test or does not pass the test, they will be required to wear a lifejacket. All participants will be required to wear a **BLUE** wristband to identify them to their site. Participants who pass the swim test will also be required to wear a **GREEN** wristband (**GREEN=GO**) in addition to the **BLUE** wristband.

Other Important Information

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

Food Experience—Please make staff aware of any allergies. This is not to replace the children's lunches or snacks. Please still pack their regular lunch and snacks for the day as some kids may not like what they make.

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember Green & White Key Tag and/or Photo ID when picking-up participants

Brier Creek Track Out

Track 3 - Week 2



Field Trip Information!

Pump It Up

10700 Suite 112, World Trade Boulevard, Raleigh, NC 27617

919-828-3344

Campers will have unlimited access to the many inflatables at Pump It Up. Please wear socks! **This trip will require a waiver to be signed by each child's parent/guardian.**

Hillridge Farms

703 Tarboro Road, Youngsville, NC 27596

919-556-1771

At Hillridge Farms, campers will participate in a hayride, pick out their very own pumpkin to take home and enjoy all the farm animals and activities that Hillridge Farms has to offer! Participants should be prepared to be outside during this field trip.

Other Important Information

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips
- Sign field trip waiver

Remember Green & White Key Tag and/or Photo ID when picking-up participants



RALEIGH Parks,
Recreation and
Cultural Resources
parks.raleighnc.gov

Brier Creek Track Out X-Press

919-420-2340

Director: Chase Sasse

Assistant Director: Kiara Hairston



Brier Creek Track Out

Track 3 - Week 3



Field Trip Information!

Natural Science Museum

11 West Jones Street, Raleigh, NC 27601
919-870-7947

Campers will get up close and personal with nature and science as they explore the Museum of Natural Science!

Sky Zone

2101 Westinghouse Boulevard, Raleigh, NC 27604
919-948-4450

Participants will get to experience weightless bouncing at one of Raleigh's indoor trampoline facilities. Children will have unlimited access to all jumping areas. **This trip will require an ONLINE waiver to be completed by each child's parent/guardian.**

Other Important Information

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

Fall Carnival: We will be celebrating the fall season by throwing a fall carnival. Children will be able to participate in festive games and crafts. Please see staff if your child has any allergies as we will be enjoying tasty treats during the carnival. We will also have a costume Fashion show where children will have the opportunity to show off their fall costumes (**costumes are NOT required**).

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember Green & White Key Tag and/or Photo ID when picking-up participants